



2020

February

HEALTHY FOR LIFE



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

				
<p>3 Chicken Tenders w/WG Brd. White Pizza w/Broccoli Chicken Caesar Salad w/WG Crackers Baked Fries Seasoned Green Beans Fresh Baby Carrots Fresh Fruit or Applesauce</p>	<p>4 Chick.Nugget,Mashed Bowl Chicken Parmesan Pizza All Amer.Cobb Salad w/WG Crackers Mashed Potatoes Golden Corn Cucumber & Tomato Salad Fresh Fruit or Juice</p>	<p>5 Grilled Cheese & Bacon on Pretzel Roll Buffalo Chicken Pizza Egg & Cheese Chef Salad w/WG Crackers Campfire Beans Steamed Carrots Fresh Celery Sticks Diced Peaches or Fresh Fruit</p>	<p>6 Nacho Platter Buffalo Chicken Pizza Popcorn Chick.Salad w/WG Crackers Steamed Rice Vegetarian Beans Fresh Baby Carrots Diced Pears or Fresh Fruit</p>	<p>7 PARENT CONFERENCES GRAB-N-GO LUNCHES AVAILABLE Chicken Patty Sandwich, Chips, Fresh Fruit and Choice of Milk</p>
<p>10 Pizza Burger Buffalo Chicken Pizza Ranch Chicken Salad w/WG Crackers Baked Tater Tots Sweet Peas Fresh Baby Carrots Applesauce or Fresh Fruit</p>	<p>11 Pork BBQ Sandwich Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Baked Fries Green Beans Fresh Broccoli Mixed Fruit Cup or Juice</p>	<p>12 BBQ Chicken Hoagie Buffalo Chicken Pizza All Amer.Chef Salad w/WG Crackers Baked Fries Steamed Carrots Garden Salad Sliced Pears or Fresh Fruit</p>	<p>13 Walking Taco Buffalo Chicken Pizza All American Cobb Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Applesauce or Juice</p>	<p>14 General Tso's Chicken White Pizza Chicken Ranch Salad w/WG Crackers Steamed Rice Steamed Broccoli Garden Salad Diced Peaches or Fr.Fruit</p>
<p>17 PRESIDENT'S DAY</p>	<p>18Chicken Parmesan Sand. Steak & Cheese Pizza Chick.Caesar Sal.w/WG Crackers Seasoned Green Beans Fresh Baby Carrots Diced Peaches or Juice</p>	<p>19 Orange Popcorn Chicken Buffalo Chicken Pizza Ham Chef Salad w/WG Crackers Steamed Rice Steamed Broccoli Garden Salad Fresh Fruit or Diced Pears</p>	<p>20Tacos Buffalo Chicken Pizza All Amer.Chef Sal.w/WG Crackers Brown Rice Vegetarian Baked Beans Garden Salad Mixed Fruit Cup or Juice</p>	<p>21 Grilled Cheese on Pretzel Roll White Pizza Chick.Caesar Sal.w/WG Crackers Baked Fries Steamed Broccoli Fresh Baby Carrots Fresh Fruit or Diced Pears</p>
<p>24 BBQ Rib Sandwich Buffalo Chicken Pizza Chick.Caesar Sal.w/WG Crackers Baked Fries Sweet Peas Baby Carrots Fresh Fruit or Applesauce</p>	<p>25 Chick.Nugget Mashed Bowl Buffalo Chicken Pizza All Amer.Cobb Salad w/WG Crackers Mashed Potatoes Golden Corn Fresh Cucumber Slices Mixed Fruit Cup or Juice</p>	<p>26 Fish Sticks w/WG Brd. Bacon Ranch Pizza Egg & Cheese Chef Salad w/WG Crackers Mashed Potatoes Steamed Rice Steamed Carrots Fresh Cucumber Slices Fresh Fruit or Diced Pears</p>	<p>27 Philly Cheesesteak Buffalo Chicken Pizza Italian Salad w/Ham & WG Crackers Vegetarian Baked Beans Sweet Peas Fresh Celery Sticks Fresh Fruit or Juice</p>	<p>28 Brd.Sticks w/Ch.& Mar.Sce. Buffalo Chicken Pizza Chick.Caesar Salad w/WG Crackers Baked Tater Tots Steamed Broccoli Garden Salad Diced Pears or Fresh Fruit</p>

More Info...

Offered Daily:
Chicken Patty Sand.

- Cheeseburger
- Chicken Nuggets w/Dinner Roll
- Cheese Pizza
- Pepperoni Pizza
- MTO Deli Bar

Fresh Fruit
Fruit Juice

Fresh Vegetables

- 1% Milk
- Skim Milk
- Chocolate Skim Milk
- All Breads, Rolls and Pizza Dough is Whole Grain

In accordance with Federal law and US Dept of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.

Menus are subject to change without notice.

RIVERSIDE JR./SR. HIGH SCHOOL LUNCH MENU

